

Is it teething time for your baby?

Here's what to look for and how to help!

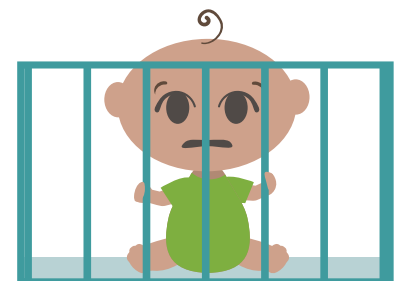
What you need to know!

Baby teeth start growing in around 4 to 6 months old but can appear as late as 12 months. It's important to remember that teething can cause discomfort, which is normal. If you have concerns about your baby's symptoms call their dentist or pediatrician.

Common Teething Symptoms



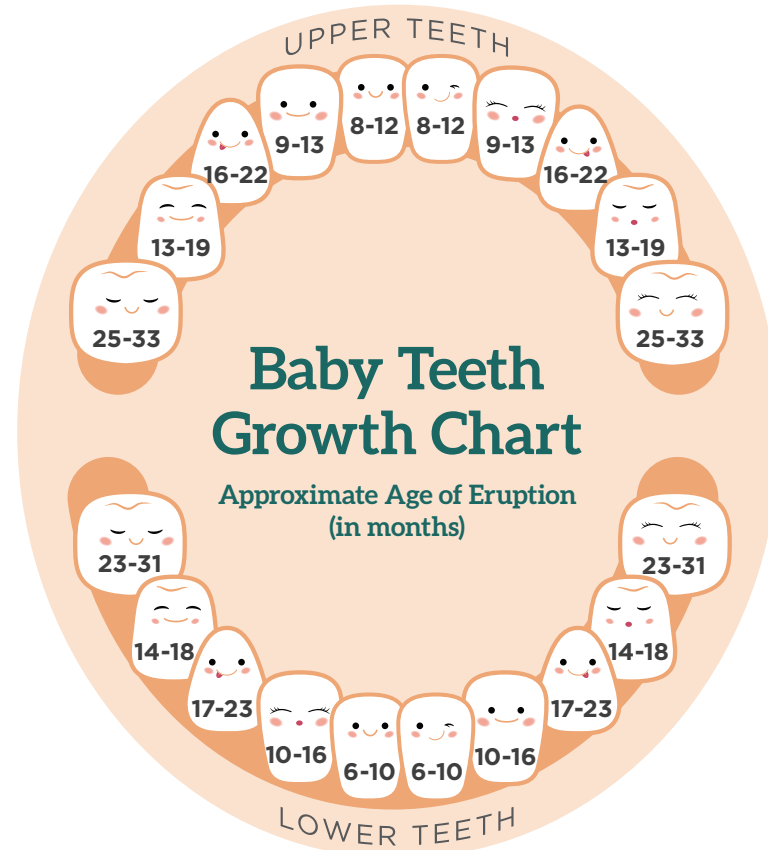
Fussiness



Trouble sleeping



Irritability



Loss of appetite



Drooling

Teething can cause a mild fever of less than 100.4 Fahrenheit. According to the American Dental Association, you should **contact your baby's doctor** if your baby has a fever **higher than 100.4 Fahrenheit**, **experiences vomiting, diarrhea, or a rash.**



Mild fever

How to help your baby

Teething rings and toys - Chewing on a firm rubber teething ring can soothe sore gums



Use a clean, cold wet washcloth to massage baby's gums



Feed your baby cool, soft foods such as applesauce and yogurt



Give your baby a bottle filled with water, if it seems to help



Baby teeth are important. Schedule your baby's first dental visit when their first tooth appears or by their first birthday, whichever comes first.

Medi-Cal members, visit SmileCalifornia.org to find a dental home for you and your baby!

