



# Danger Signs When You Are Pregnant

Call your health care provider **right away** if you have one or more of these danger signs while you are pregnant:

- Fever or chills
- Sudden swelling of your face or hands
- Severe nausea or vomiting
- Bleeding from your vagina
- Dizziness
- Severe or ongoing headaches
- Change in your vision — blurred vision, flashes of lights or spots in front of your eyes
- Pain or cramps in your belly
- Your baby moves less often than normal for him/her
- Pain when you urinate (pee)
- Sudden flow or leaking of water from your vagina
- Injury or accident
- Fall or blow to belly



Take care of yourself and your baby by watching for these danger signs while you are pregnant. Call your health care provider right away if you have **any** of the danger signs listed above. **If you do not respond to these signs, they may lead to infant and/or maternal death.**

If you have any of these signs, call: \_\_\_\_\_

On weekends or evenings, call: \_\_\_\_\_